



# Bugle School



Learning together by including

## Newsletter

Autumn Term 6 2020

### COVID—19

Should you test positive for Covid over the half-term break please use the link below to let the school know.

<http://www.aspireacademytrust.org/1434/coronavirus-covid-19>

### Attendance for 5th October and 12th October



#### Attendance League

Year 5	93.5%
Year 6	91.0%
Year R	90.5%
Year 4	88.2%
Year 2	88.2%
Year 3	83.4%
Year 1	82.3%

### Achievers of the w/c 12th October

WELL DONE

- Reception: Toby
- Year 1: Darcie
- Year 2: Sara
- Year 3: Madalena
- Year 4: Bradley
- Year 5: Riley (5.10.20)
- Year 6: Samuel



# change 4 life

For further information please go to: [www.nhs.uk/change4life/food-facts](http://www.nhs.uk/change4life/food-facts)

#### Swap their cereal

##### Choose from:

- Porridge
- Wheat biscuits
- 'no added sugar' muesli
- Shredded wholegrain

#### Fight the tummy rumbles with:

- Crackers topped with low-fat cheese
- A scotch pancake
- A crumpet
- Plain rice cakes
- Chopped veg with lower-fat hummus
- Bread or toast with low-fat spread
- Plain popcorn or Fresh fruit

#### Cut sugar with a swap!

Instead of chocolate, cake bars or pudding pots, **choose from:**

- A slice of malt loaf
- A fruited teacake





MENU (Week 3)  
2nd November 2020

**MONDAY- 2nd November**

**Choose a main meal**

Macaroni Cheese  
Vegetable Pasta bake

**On the side**

Seasonal vegetables

**Dessert**

Shortbread

**TUESDAY—3rd November**

**Choose a main meal**

Mild Chicken Curry  
Vegetable Chilli  
Wholegrain Rice

**On the side**

Seasonal vegetables

**Dessert**

Apple Cake

**WEDNESDAY—4th November**

**Choose a main meal**

Roast Gammon  
Quorn roast  
Roast potatoes and Yorkshire Pudding

**On the side**

Seasonal vegetables

**Dessert**

Fruit and Oat Slice with custard

**THURSDAY—5th November** *Bonfire Night Special Meal*

**Choose a main meal**

Sizzling sausages  
Vegetarian Sausage  
Chips

**On the side**

Smokey Beans

**Dessert**

Catherine Wheel Doughnuts

**FRIDAY- 6th November**

**Choose a main meal**

Fish Fingers  
Quorn Dippers  
Chips

**On the side**

Salad or Beans and Sweetcorn

**Dessert**

Jelly

**JACKET POTATO**

Jacket Potatoes are available with a choice of fillings Monday, Tuesday and Thursday

# NSPCC

The NSPCC has created a number of resources to support parents and carers during this difficult time. Topics include:

- Talking to a child worried about coronavirus
- Parents working from home
- Children staying home alone
- Lockdown and separated parents
- How to cope with tantrums and other difficult behaviours

The advice can be found on the NSPCC website:

<https://www.nspcc.org.uk/keeping-children-safe/coronavirus-advice-support-children-families-parents/>

## DATES FOR YOUR DIARY

### HALF TERM

Monday 26th October—Friday 30th October

### CHILDREN IN NEED

Friday 13th November

*Please can all children either come in their own clothes or fancy dress. Perhaps they could come in spooky dress.*



### ELF DAY

FRIDAY 4th December



*Elf Day is to raise money for the Alzheimer's Society. It is all about dressing up as an Elf to raise money for people who are affected with dementia.*

### CHRISTMAS DINNER

Wednesday 16th December

*The children will be taken across to the hall in their pods between 11.30am and 1.30pm. Please can the children wear Christmas Jumpers and Christmas Hats.*

### TERM ENDS

Friday 18th December

### SPRING TERM BEGINS

Wednesday 6th January 2021



## Parents Evening Calls:

There will be no face to face parents' meetings this term. During the week beginning 9th November, your child's class teacher will be calling you to discuss your child's progress. A

What a wonderful terms worth of learning children across the school have taken part in: A stone age experience, A Roman day, Anglo Saxon activities, Forest School sessions, Surf sessions, Ukulele lessons, A day in the life of a Victorian, World Space week and pumpkin based activities! Thank you to Mr Sprigg's and all of the staff for their hard



***Space Display outside Year 2 classroom***



## Half Term fun

Download our FREE activities booklet:  
[cornwall.gov.uk/autumnhalfterm](https://cornwall.gov.uk/autumnhalfterm)

# BOO!

The full guide is available on the school website.

*HAVE A GREAT HALF-TERM AND STAY SAFE*

