www.bugle.eschools.co.uk

ENEWS





Edition 52—Autumn Term



MONDAY 6th January 2020

Pasta with Super Hero Tomato Sauce

Choose a main meal:

Cheese & Tomato Pizza



Wishing you a very Wishing you a very Christmas Merry and a Happy New Year

Year 4 96.4%

Year 3 96.4%

Year 6 96.2%

Year 5 92.7%

Year 2 91.6%

83.5% Year 1

Year R 79.5%

Attendance League

TUESDAY 7th January

Choose a main meal:

Cornish Sausage in a roll

Vegetarian sausage in a roll

Homemade potato wedges

On the side:

On the side:

Yoghurt or Fruit

Dessert:

Homemade Coleslaw

Seasonal Vegetables

Dessert:

St Clement Cake

WEDNESDAY 8th January

Choose a main meal:

Roast Chicken

Quorn Roast

Roast Potatoes &

Yorkshire Pudding

On the side:

Seasonal Vegetables

Dessert:

Chocolate sponge

Pudding with Chocolate

Custard

WELL DONE! Achievers of the Week for the week ending 06/12/19

Reception: Harley D

Stefan B Year 1:

🜟 Year 2: Alfie-James

Year 3: Ethan

★ Year 4: Logan

Year 5: Theo

😾 Year 6: Lucy

🛧 Attendance: Years 3 & 4

Buddy: Rueben Kerrigan

THURSDAY 9th January

Choose a main meal:

Chicken Noodle Stir Fry

Vegetable Pasta Bake

On the side:

Seasonal Vegetables

Dessert:

Carrot Cake

FRIDAY 10th January

Choose a main meal:

Battered Fish

Vegetable Crustless Quiche

Chips

On the side:

Seasonal Vegetables

Dessert:

Strawberry Mousse

DATES FOR YOUR DIARY

JANUARY 2020

6th

TERM STARTS

7th

Real Leaders training

15 x Year5 Pupils and Mr Rees

Real PE training Year 1 and Reception

14th

Football: Bugle v Nanpean (Away)

16th

Cross Country—Par Track



Nursery will be CLOSED on <u>Wednesday</u> 15th January 2020 for refurbishment.

It will re-open on Thursday 16th January.

With the Christmas period fast approaching some families may struggle and not know where to turn. We have put some numbers below for anyone to contact if you need or want to over the christmas period. Although school is closed you may contact our Headteacher Luke Rees via email Luke.Rees@bugleschool.org.uk or our parent support advisor Naomi Hibberd naomi.hibberd@iaspire.net.

Useful numbers:

NHS- 111 - can help if you have an urgent medical problem and you're not sure what to do.

To get help from NHS 111, you can go to 111.nhs.uk (for people aged 5 and over only) or call 111

NHS 111 is available 24 hours a day, 7 days a week.

St Austell foodbank - 01726 65313 Our foodbank provides three days of nutritionally balanced, non-perishable food. Thanks to our partnership with Fareshare, we can also sometimes provide bread, fruit and vegetables (subject to availability).

Family information services- 0800 5878191 The Family Information Service (FIS) supports families across Cornwall with free and impartial information and advice. We are here to help families with children and young people aged 0-19, or until 25 if the young person has a special educational need or disability (SEND).

Information on leisure, health, education, parenting and much more can be found on the FIS website.

Samaritans - 01872 277277 Need support? We're here to listen 24 hours, 365 days a year. Call 116 123 for free or view other ways to get in touch.

Early Help Hub - 01872 322277 The Early Help Hub is the single point of contact for council and community health Early Help services for children in Cornwall. It provides information, advice and guidance, as well as access to Early Help services.

Citizens Advice- 0344 4111444 We offer free, independent, confidential and impartial advice to individuals on their rights and responsibilities. As an organisation we value diversity, promote equality and challenge discrimination. You can find us at nine main offices and at outreaches across the Cornwall and on the Isles of Scilly – click here or on 'Getting Advice' in the menu above to find details.

NSPCC- 0808 8005000 If you are worried about a child or have any concerns or suspicions, contact our free helpline service to speak to an NSPCC counsellor 24 hours a day, 365 days a year. We will listen to your concerns, offer advice and support and can take action on your behalf if a child is in danger.

You don't have to tell us who you are if you don't want to, or you can ask us not to share your name or contact with the Police or social services.