



Bugle School

Learning together by including



Newsletter

School Newsletter

Autumn Term 1

Dear Parents and Carers,

I would firstly like to welcome you all back to a new academic year. Thank you for your support in ensuring that our new systems are followed helping to keep you, your children and the staff safe. Over the past few days we have received a number of queries, I thought it best to communicate them all to you in one go.

Tuck

Due to the current restrictions we cannot run a tuck shop. Please provide the children with a healthy snack—crackers, fruit, breakfast bar, see further suggestions below. We will still have treat Friday, where crisps will be allowed.

PE days

The PE days are listed below. Please can your child come dressed for PE. Winter PE kit should be: blue/black jogging bottoms (shorts are ok), a white t-shirt, school jumper/cardigan and trainers/plimsols.

P.E./Hall Timetable – Autumn 2020

	1:00 – 2:00	2:00 – 3:00
Monday	Year 5	
Tuesday	Year 3	Year 1
Wednesday	Year 2	
Thursday	Year 4	Year 4
Friday	Reception	Year 6

Friday 11th September

We welcome our Reception pupils for their first lunch this Friday. The menu choices will be fish and chips or a jacket potato.

Breakfast clubs

This will start again on Monday 14th September. It will take place in the school, giving us more space to keep children in their group bubbles. Children will only be allowed to attend breakfast club if they have been registered on the link below and the sessions have been paid for on parent pay. If you pay for a session and can't attend, the money will be rolled over to future sessions. If you need any help completing the form, please phone the school office and Mrs Rowe or Miss Taylor will help.

Here's the link to the form "BREAKFAST CLUB BOOKING FORM":

<https://forms.office.com/Pages/ResponsePage.aspx?>

[id=rVOWGVbBBUq60whMGjC2GMOuQT6znFtFgzA7IIZVizBUNzk5Ujc2VjlaU01CT1JSRONSRU0yRUIHRS4u](https://forms.office.com/Pages/ResponsePage.aspx?id=rVOWGVbBBUq60whMGjC2GMOuQT6znFtFgzA7IIZVizBUNzk5Ujc2VjlaU01CT1JSRONSRU0yRUIHRS4u)



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MENU

14th September 2020

MONDAY- 14th September

Choose a main meal

Cheese and Tomato pizza

Jacket Potato

On the side

Wedges

Dessert

Yoghurt or Fruit

TUESDAY-15th September

Choose a main meal

Beef Lasagne

Jacket Potato

On the side

Garlic Bread

Dessert

Banoffee Cheesecake or Fruit

WEDNESDAY-16th September

Choose a main meal

Roast pork

Quorn roast

On the side

Seasonal vegetables

Dessert

Smoothie or Fruit

THURSDAY-17th September

Choose a main meal

Beefburger or Veggie burger

Jacket Potato

On the side

Wedges

Dessert

Pancakes or Fruit

MONDAY- 14th September

Choose a main meal

Fish

Veggie dippers

On the side

Chips

Dessert

Jelly or Fruit

change 4 life

For further information please go to:

www.nhs.uk/change4life/food-facts



Swap their cereal

Choose from:

Porridge

Wheat biscuits

'no added sugar' muesli

Shredded wholegrain



Cut sugar with a swap!

Instead of chocolate, cake bars or pudding pots, **choose from:**

A slice of malt loaf

A fruited teacake



Fight the tummy rumbles with:

Crackers topped with low-fat cheese

A scotch pancake

A crumpet

Plain rice cakes

Chopped veg with lower-fat hummus

Bread or toast with low-fat spread

Plain popcorn

Fresh fruit

SCHOOLTRENDS
DRESSING FOR SCHOOL WITH CONFIDENCE

Ordering School Uniform

Please use the link below to order new uniform

<https://www.schooltrends.co.uk/>