

Bugle School



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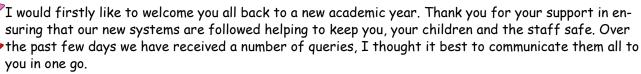
Learning together by including

School Newsletter

Autumn Term 1

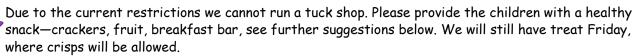








<u>Tuck</u>





PE days

The PE days are listed below. Please can your child come dressed for PE. Winter PE kit should be; blue/black jogging bottoms (shorts are ok), a white t-shirt, school jumper/cardigan and trainers/ plimsols.



P.E./Hall Timetable - Autumn 2020

	1:00 - 2:00	2:00 - 3:00
Monday	Year 5	
Tuesday	Year 3	Year 1
Wednesday	Year 2	, 111111
Thursday	Year 4	Year 4
Friday	Reception	Year 6



Friday 11th September

We welcome our Reception pupils for their first lunch this Friday. The menu choices will be fish and chips or a jacket potato.



Breakfast clubs

This will start again on Monday 14th September. It will take place in the school, giving us more space to keep children in their group bubbles. Children will only be allowed to attend breakfast club if they have been registered on the link below and the sessions have been paid for on parent pay. If you pay for a session and can't attend, the money will be rolled over to future sessions. If you need any help completing the form, please phone the school office and Mrs Rowe or Miss Taylor will help.



Here's the link to the form "BREAKFAST CLUB BOOKING FORM":



id=rVOWGVbBBUq60whMGjC2GMOuQT6znFtFgzA7IIZVizBUNzk5Ujc2VjlaU01CT1JSR0NSRU0yRUIHRS4u































Bugle School



Learning together by including





14th September 2020



MONDAY- 14th September







Cheese and Tomato pizza



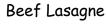
Jacket Potato



TUESDAY—15th September



Choose a main meal



Jacket Potato



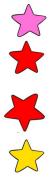
WEDNESDAY-16th September



Choose a main meal



Quorn roast

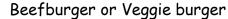


THURSDAY—17th September



Choose a main meal

Choose a main meal



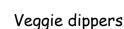


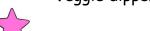


MONDAY- 14th September



Fish







Wedges



Yoghurt or Fruit

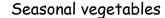


Garlic Bread

Dessert

Banoffee Cheesecake or Fruit

On the side



Dessert

Smoothie or Fruit

On the side

Wedges

Dessert

Pancakes or Fruit

On the side

Chips

Dessert

Jelly or Fruit











































change 4 life

For further information please go to: www.nhs.uk/change4life/food-facts





Choose from:

Porridge

Wheat biscuits

'no added sugar' muesli

Shredded wholegrain



Cut sugar with a swap!

Instead of chocolate, cake bars or pudding pots, **choose from:**

A slice of malt loaf

A fruited teacake



Fight the tummy rumbles with:

Crackers topped with low-

fat cheese

A scotch pancake

A crumpet

Plain rice cakes

Chopped veg with lower-fat

hummus

Bread or toast with low-fat

spread

Plain popcorn

Fresh fruit



Ordering School Uniform

Please use the link below to order new uniform

https://www.schooltrends.co.uk/