

Shortbread G,PD

TUESDAY

Choose a main meal:

Mild Chicken Curry

PD

Vegetable Chilli

A,F

Wholegrain Rice

A,F

On the side:

Seasonal Vegetables

Dessert:

Apple Cake G,E,PD



TUCK

Please ensure your child has
money for tuck

WEDNESDAY

Choose a main meal:

Roast Gammon

A,F

Quorn Roast

S,PD

Roast Potatoes &

On the side:

Seasonal Vegetables

Dessert:

Fruit and Oat Slice

THURSDAY

Choose a main meal:

All Day Breakfast

D,E,G

Vegetarian All Day Breakfast

S,E,D,G

On the side:

Beans, Mushrooms and

tomatoes A,F

Dessert:

Ice Cream D

FRIDAY

Choose a main meal:

Crispy Fish Fingers

F,G

Quorn Dippers

Chips

A,F

On the side:

Salad or Beans & Sweetcorn

Dessert:

Jelly A,F



WE ARE HERE TO HELP
If you have any concerns, please remember that the staff are here to help. Just speak to either Mrs Rowe or Miss Taylor who will be only too happy to arrange for you to speak to a member of staff.

HIGH-FIVE MATCHES

Tuesday 11th February

Bugle v Foxhole (Away)

Thursday 13th February

Bugle v Sandy Hill (Home)

Please ensure your child has the appropriate kit in school, a drink and a warm coat.

FOOTBALL MATCHES

Tuesday 11th February

Bugle v Foxhole (Away)

Thursday 13th February

Bugle v Sandy Hill (Home)

Glossary: G =Gluten D= Dairy PD = Possible Dairy (This is where there is a

allergen free butter can be used instead) E= Egg F= Fish AF= Allergen Free

We use dairy free where possible and non dairy free will only be used as an alternative. Egan mayonnaise is routinely used also and is allergen free.

Remember this is a guide. It is your responsibility to check your products before using, manufacturers can change recipes