

Bugle News

13/11/2014 Edition 9 Autumn Term
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Dear Parents

We are looking forward to seeing the children dressed as their 'hero' to support children in need tomorrow. Please do not panic if you are unable to find something for them to wear, as they could come to school in non uniform.

Can you also ensure that your child is coming to school with an appropriate coat? It looks as though the wet weather is here to stay and if your child gets caught in a shower without a coat they could remain wet for the rest of the day.

Have a great weekend.

Tim Wherry, Headteacher



Tomorrow, we will be raising money for Children in Need. Children can come to school dressed as their favourite hero, which could be a sporting star, someone famous or someone who inspires them.

A voluntary contribution of £1 would also include one of Mrs Fenn's lovely biscuits. All of the monies raised will go directly to BBC Children in Need.

Thank you for your support.

Good to Be Green Well done to all of the children who continue to work hard and show excellent behaviour in school. 171 texts were sent to parents on Friday, for children that had remained 'green' all week. Well done!



Achievers of the Week Ending 7/11/14:

Reception	Jessica Styles
Year 1	Chloe Roscorla
Year 2	Livvy Best
Year 3	Cerys Wells
Year 4	Jayden Torres
Year 5	Libby Rowe
Year 6	Charlie Murray
Buddy of the Week - Paige Buckland	
Attendance - Year 4 %	
Class of the Week - Year 5	



Many thanks to Daniel Sturtridge for representing Bugle School and laying a poppy wreath in the remembrance service at Treverbyn Church on Sunday.

The children also took part in a minutes silence in school on Tuesday as well as supporting The Royal British Legion by buying and wearing their poppies.

Free School Meals and Pupil Premium Do You Qualify?

From September 2014, all KS1 children (Reception, Year 1 and 2) are eligible to receive free school meals. However, if you are in receipt of one or more of the benefits listed below and do not receive Working Tax Credits, the school could benefit from Pupil Premium funding to support your child just by filling in an application form. Application forms are available from the school office.

To qualify you must be in receipt of one of the following benefits:

- ☐ Income Support
- ☐ Income Based Jobseeker's Allowance
- ☐ Income Related Employment and Support Allowance
- ☐ Child Tax Credit with an annual income of no more than £16,190
- ☐ Guarantee element of State Pension Credit
- ☐ Support under Part VI of Immigration and Asylum Act 1999

Please note, if you are in receipt of Working Tax Credit, you do not qualify for Free School Meals, even if your income is below £16,190.

If you are entitled to Free School Meals, but are not claiming them, forms can be obtained from the school office.



Be Bright Be Seen/Winter Coats

Now the weather has turned cold and wet, we would be grateful if parents could send their children to school each day with a clearly named coat please. This will allow us to return lost property to their rightful owners.

With the dark evenings now can we ask that children try to:

- Wear reflective or brightly coloured clothes to and from school.
- If you are out on your bicycle don't forget to put your lights on.
- Cross the road in safe areas that are well lit and follow the Green Cross Code:



1. First find the safest place to cross.
2. Stop just before you get the kerb.
3. Look all around for traffic and listen.
4. If traffic is coming, let it pass.
5. When it is safe, go straight across the road – do not run.

Love Food Hate Waste

We all end up throwing away good food and drink for many reasons.

For example buying more than we need because we forgot to plan our meals or write a shopping list, or forgetting about those leftovers in the fridge, but **there are 5 simple steps we can all take to make more of the food we buy:**



1. **It pays to plan.** Planning your meals in advance will save you time, money (as you only buy what you need) and ensure you always have something to feed your family and any unexpected guests. Write a list of what you need so you don't buy what you already have (and stick to it!).
2. **Know your dates.** Don't forget to keep an eye on the dates in your fridge. Use up foods with the shortest dates first, and when shopping check to see if fresh foods can be frozen in case you don't get round to eating them over the week. Best before dates are for quality, so you can eat these foods after this date, they just may no longer be at their best. Use by dates are for safety, you can eat or freeze foods right up to the use by date.
3. **Perfect portions.** Catering for family and friends, often leaves us unsure of how much to cook. But don't panic! If you do cook too much don't throw it straight in the bin, pop it in an airtight container, freeze it or have it for lunch the next day.

4. Lovely leftovers and forgotten foods.

Forgotten foods such as the wrinkly old tomato at the back of the fridge or the leftover portion of pasta which usually sits in the fridge waiting to be thrown away could be turned into a tasty supper dish or a free lunch.

5. **Savvy storage.** Most of us think we know how to store food but this is often based on habit and not on what's best for our food. Most foods can be frozen for another time, and you can always freeze right up to the use-by date (when you need it just defrost overnight in the fridge and use within 24 hours). Ensure your vegetables are at their best for longer by keeping them in the fridge (except potatoes and onions); most veg will stay fresher for longer stored in the fridge in the pack or bag they came in.

Diary Dates:

14/11/14	BBC Children in Need
18/11/14	Football/High 5 – home to Nanpean
19/11/14	Family Learning – Story Sacks
25/11/14	Football/High 5 – away to Luxulyan KS1 children - Coz the Clown
26/11/14	Family Learning – Story Sacks KS2 children - M&M Production of Beauty and the Beast
28/11/14	Non school uniform day – For donation towards Christmas Fete KS1 chocolate/KS2 bottle (non alcoholic)
2/12/14	Football/High 5 – home to Foxhole
3/12/14	Family Learning – Story Sacks Cross Country at Par
5/12/14	Friends of Bugle School Christmas Fete 2.30 pm
9/12/14	KS1 Christmas Play (pm)
10/12/14	KS1 Christmas Play (am) Family Learning – Story Sacks
11/12/14	KS2 Performance 2.00 pm & 5.30 pm
17/12/14	Christmas Dinner
19/12/14	Last Day of Autumn Term 9.15 am Assembly in the Chapel
5/1/15	Spring Term begins
16-20/2/15	Half term
23/2/15	Staff Training Day (school closed for children)
5/3/15	World Book Day
13/3/15	Red Nose Day
27/3/15	Last day of Spring Term
13/4/15	Summer Term begins
25-29/5/15	Half term
1-2/6/15	Staff Training Day (school closed for children)
23/7/15	Last Day of Summer Term